



*Scripture:*

THE TRUE STORY OF THE WORLD

Everyone has a Story



# “Cosmic History”



Then I saw in the right hand of him who was seated on the throne a scroll written within and on the back, sealed with seven seals. And I saw a mighty angel proclaiming with a loud voice, “Who is worthy to open the scroll and break its seals?” And no one in heaven or on earth or under the earth was able to open the scroll or to look into it, and I began to weep loudly because no one was found worthy to open the scroll or to look into it.

*- Revelation 5:1-4*



And one of the elders said to me, “Weep no more; behold, the Lion of the tribe of Judah, the Root of David, has conquered, so that he can open the scroll and its seven seals.”

- *Revelation 5:5*





# Spiritual Formation Guide

www.somaindy.com/spiritual-formation/

Invitation	Resistances	Limitations	Practice(s)	Support
Scriptural Anchor:	External:		1)	Friends:
	Internal:		2)	Guides:
<p>God is always speaking &amp; inviting us to the work of change. The first step is declaring your desire. Ask yourself: <i>What matters most to me right now? What single change could make the greatest impact in my life?</i></p> <p>Once you've decided, list your invitations as positive statements beginning with "I want...". Include a Scripture reference to anchor you in God's promises.</p>	<p>Everyone has learned resistances that protect us from the pain of change. On the top, ask yourself: <i>What things do I do, or not do, that get in the way of my desired change?</i></p> <p>On the bottom list your fears related to changing with "I'm afraid...". List the hidden commitments that flow from your fears with "I'm really committed to..."</p>	<p>Accepting our limitations keeps us grounded in reality. Limitations include season of life, health conditions, work, and relational systems. Ask yourself: <i>What circumstantial limitations do I need to accept as part of my current reality? What pain do I need to make peace with instead of avoiding?</i></p> <p>List your limitations with "I surrender..."</p>	<p>Formation practices help us align our whole person to God's loving invitations for our lives. Ask yourself: <i>Which practices could be most helpful in forming new habits, beliefs, and feelings that break through my resistances and free me to God's invitation?</i></p> <p>List these practices with "I commit..." Be sure to identify specific rhythms (time, place) that you want to create.</p>	<p>Ask yourself: <i>Who has God placed around me that is safe, trustworthy, and available to support me? Who is not currently represented in my life that needs to be here?</i></p> <p>List your support team by name with "I trust..." along with how you feel they could best serve you in this season and how often you plan to meet with them (individually or as a group).</p>

- 1) Sabbath Way of Life
- 2) Prayer
- 3) Scripture**
- 4) Justice & Reconciliation
- 5) Owning Your Story
- 6) Living Into Your Identity
- 7) Making Disciples
- 8) Simplicity & Generosity
- 9) Fasting
- 10) Eating & Drinking
- 11) Healing the Sick

VAUGHAN  
ROBERTS

GOD'S  
BIG  
PICTURE

TRACING  
*the*  
STORYLINE  
OF THE BIBLE





E S V



*STUDY BIBLE*  
ENGLISH STANDARD VERSION



*the*

**BIBLE**

**PROJECT**

the  
Jesus  
Storybook  
Bible

Every story whispers his name



WRITTEN BY SALLY LLOYD-JONES & ILLUSTRATED BY JAGO

And God said, "Let there be light," and there was light.

- *Genesis 1:3*



Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth." So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, "Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth."

- *Genesis 1:26-28*



The LORD God took the man and put him in the garden of Eden to work it and keep it

- *Genesis 2:15*



I will put enmity between you and the woman,  
and between your offspring and her offspring;  
he shall bruise your head,  
and you shall bruise his heel.”

- *Genesis 3:15*



Now the LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed.”

– *Genesis 12:1-3*





'You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation

- *Exodus 19:4-6*



“I will be your God, and you will be my people”

- *Exodus 6:7*



When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you, who shall come from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be to him a father, and he shall be to me a son

- 2 Samuel 7:12-14



It shall come to pass in the latter days that the mountain of the house of the LORD shall be established as the highest of the mountains, and shall be lifted up above the hills; and all the nations shall flow to it, and many peoples shall come, and say: "Come, let us go up to the mountain of the LORD, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth the law, and the word of the LORD from Jerusalem. He shall judge between the nations, and shall decide disputes for many peoples; and they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war anymore

*- Isaiah 2:2-4*



“Behold, the days are coming, declares the LORD, when I will make a new covenant with the house of Israel and the house of Judah, not like the covenant that I made with their fathers on the day when I took them by the hand to bring them out of the land of Egypt, my covenant that they broke, though I was their husband, declares the LORD. For this is the covenant that I will make with the house of Israel after those days, declares the LORD: I will put my law within them, and I will write it on their hearts. And I will be their God, and they shall be my people. And no longer shall each one teach his neighbor and each his brother, saying, ‘Know the LORD,’ for they shall all know me, from the least of them to the greatest, declares the LORD. For I will forgive their iniquity, and I will remember their sin no more.”

*- Jeremiah 31:31-34*



In the beginning was the Word, and the Word was with God, and the Word was God...And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth

- *John 1:1, 14*



Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” Then he opened their minds to understand the Scriptures, and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance for the forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”

*- Luke 24:44-49*



“All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

– *Matthew 28:18-20*





Jesus said to them again, “Peace be with you. As the Father has sent me, even so I am sending you.” And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit

– *John 20:21-22*



So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit.

*- Ephesians 2:19-22*



But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light

- 1 Peter 2:9



“Worthy are you to take the scroll  
and to open its seals,  
for you were slain, and by your blood you ransomed people for God  
from every tribe and language and people and nation,  
and you have made them a kingdom and priests to our God,  
and they shall reign on the earth.”

– *Revelation 5:9-10*



And I heard a loud voice from the throne saying, “Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.” And he who was seated on the throne said, “Behold, I am making all things new.”

– *Revelation 21:3-5*



Is he worthy?

